

**IF YOU WOULD LIKE TO  
KNOW MORE —**

**SCAN THE QR CODE**



# **YOUNG WORKERS**



**MANDATE**  
TRADE UNION

**KNOW YOUR RIGHTS AT WORK**

## How many hours can I work?

- ▶ At 14 you can't work during school term.
- ▶ At 14 you can work a maximum of 40. hours per week during work experience.
- ▶ At 15 you can work a max of 8 hours per week during school term time. A max of 35 hours during school holidays and...up to 40 hours during work experience.
- ▶ At 16 or 17 you may work a max of 8 hours per day and up to 40 hours during work experience.
- ▶ All workers have the right to 11 hours rest before their next shift.(within 24 hours)

## When should I receive my work contract?

Within 5 days of starting work you should receive your employment terms—A list of entitlements is available by scanning the QR code on the back page. Full terms should be provided within one month of starting.

## What should my hourly rate pay be?

The minimum wage is currently €12.70 (There are sub-minimum rates for workers under 20).

| ARE YOU ENTITLED TO SPECIAL WORK BREAKS? |                    |                    |
|--|--------------------|--------------------|
| A worker is entitled to...               | 14/15 Years of Age | 16/17 Years of Age |
| A 30-minute break after working:         | 4 hours            | 4 ½ hours          |
| Every 24 hours                           | 14 hours off       | 12 hours off       |
| Every 7 days                             | 2 days off         | 2 days off         |