

Skills for Work 2023

Basic education for working and living





Skills for Work courses starting mid-September 2022 so register now to reserve a place!

The City of Dublin ETB and Mandate are offering you an opportunity to attend a workplace education course under the Skills for Work Programme.

You must be in employment to avail of this opportunity, eligibility criteria will apply.

Courses will be delivered on-line starting mid-September depending on numbers.

Course 1

Online Computer skills (Basic computers)

- o Learn basics on how to use computer How to use ZOOM (phone or laptop)
- o Keyboard skills/Word processing
- o Windows & File Management
- o Word Letter writing & form filling
- o Using the internet/ Social Media
- Working with email
- o Microsoft Office- Excel, PowerPoint

Course 2

Communications/Presentation Skills

- Active listening skills
- Conversation skills
- o Body Language
- o Working as a team
- o Memory skills
- o Non-verbal communication
- Questioning skills
- o Presentation Skills using PowerPoint
- o Control nerves & being calm
- How to engage and connect with audience
- o Present with confidence

Course 3

Supervisor course

- Leadership
- o Teamwork fundamentals
- Effective Communication
- Listening Skills
- o Performance
- Motivation
- Confidence
- Dealing with conflict
- Feedback giving/receiving
- Boundaries
- Decision making.

Course 4

Workplace communications through

English (Workplace English and Language) Improve language ability in the areas of:

- o Pronunciation
- Listening
- Speaking
- Writing
- Reading
- Vocabulary
- o Grammatical rules of language

Places are limited so please call Amanda Blake in Mandate Training Centre on 0874406564 if you have any questions or email ablake@mandate.ie Please note by registering you are agreeing for your details to be processed by the CDETB.

Closing date for applications is 9th Jan 2023













